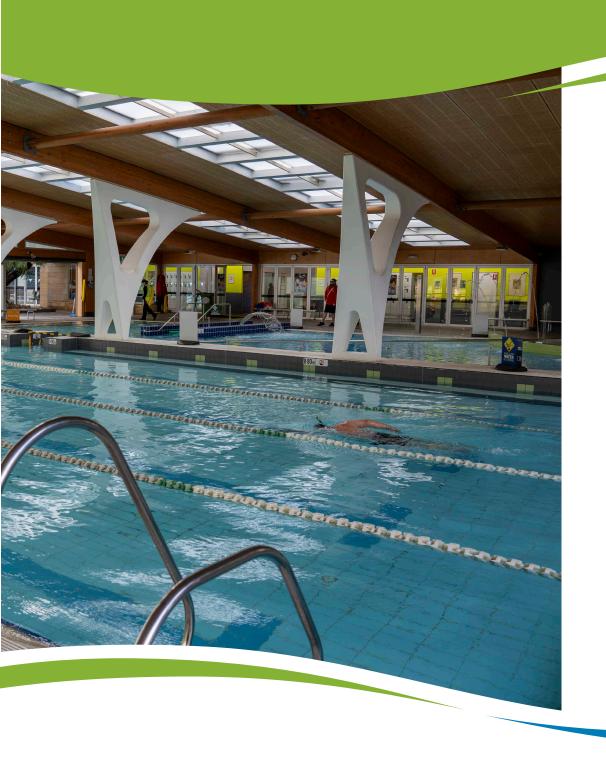
Social Story





A swim at Bold Park Aquatic

Bold Park Aquatic 215 The Boulevard



Acknowledgement

The Town of Cambridge acknowledges the Traditional Custodians of the land we are working on, the Whadjuk people. We pay respect to the Elders of the Noongar nation, past, present and future, who have walked and cared for the land and we acknowledge and respect their continuing culture and the contributions made to the life of this Town and this region.



Guidelines



Thank you for choosing to use a Social Story written for Bold Park Aquatic.

This Social Story is suited for a person who may live with autism spectrum disorder, a language disorder, social communication difficulties and/or a cognitive delay/disability.

For your Social Story to be successful, we recommend you follow these guidelines.

- Read Social Story often and preferably two weeks in advance of visit.
- Social Story to be read and shared in an environment free of distractions.
- Be calm, comfortable and honest when reading a Social Story.
- Help the participant comprehend key points and consistently monitor for level of understanding
- Once the visit has taken place, revisit the Social Story to celebrate success.

Town of Cambridge hereby acknowledges the support and assistance provided by <u>Access Ability Australia</u> in helping to prepare this Social Story.

We express our sincere appreciation to Access Ability Australia for their pivotal role in assisting Town of Cambridge to highlight its commitment to accessibility and inclusion. Their expertise and support have played a vital role in ensuring that Bold Park Aquatic is welcoming to all individuals in our community.

I am going to Bold Park Aquatic for a swim.



In my bag, there will be my bathers, towel, hat and sunscreen.

I might also bring headphones or earplugs and money for food or drinks.



When I arrive, I will see a reception desk.

I will see people who work at the pool.

They are called staff.

They will be wearing a grey and green shirt.



I must go to the reception desk to pay for my visit.

Children from 0 to 5 will wear a coloured wristband so staff can keep them safe.

This helps staff know the child's age and make sure someone trusted is close by.



There are changerooms at Bold Park Aquatic.

Change rooms are used to get dressed for swimming.

There are different types of changerooms, including:

- men/boys and women/girls changerooms
- accessible changerooms for people who might find it hard to use other bathrooms
- a changeroom with a hoist. Hoists lift people who need help moving from one place to another.
- a family change area. This is a shared area for families to change and shower.



There are also toilets in the changerooms.

Most people use the toilet before swimming.



There is an indoor pool and an outoor pool.

The pools are nice and warm.





I might see other people swimming and playing in the pools.

I might see lifeguards wearing a bright yellow and red uniform.

Lifeguards help make sure that everybody is safe in the pools.

I will try and follow the lifeguard's instructions.



There might be signs on the pool decks that tell me where I can swim.

My support person or staff can read the signs to me if I need help.



There is equipment to help people get in and out of the pool.

The indoor pool has a pool hoist to help people move from their wheelchair into the water.

There are water wheelchairs that can go into the pools.

There is a deck hoist to help people move from their wheelchair to a water wheelchair.

Staff can help.



In the indoor pool, there are water features including:

- bubbles
- running water
- streams of water that shoot into the air and back down to the pool.



In the outdoor pool, there might be pool inflatables.

Pool inflatables are like big obstacle courses that float on the water.

I can climb on and slide down the pool inflatables.

My support person or staff can help me stay safe on the pool inflatables.



I will try to walk around the pool decks.

I will try not to dive, flip or jump into the pools.

This is important to keep me safe.



There is a playground at Bold Park Aquatic.

There is a grassed area with a small basketball court.



There is a café with food and drinks to buy.

There is a barbecue in the outdoor area.



Sometimes it might feel busy or noisy.

There might be lots of people and lots of sounds, including:

- other children playing and splashing
- music
- water features
- announcements over the speaker
- balls bouncing at the half basketball court.

I might smell food cooking on the barbecue.



I might wear my headphones or earplugs to help with the noise.

I can go to the grassed area or grandstand seating area for some quiet time.





When it is time to leave, I can use a changeroom to dry and get dressed.

I can choose to have a shower in a changeroom.

Or I can choose to get dressed and have a shower at home.



Swimming at Bold Park Aquatic is lots of fun!





Contact

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