



Swimming Academy

Term 4 2019

Term 4 Outline

Week 1

14 Oct - 20 Oct

Week 1: Welcome to Term 4! Re-assessment week: Please scan your card at reception to find out your teacher number (If you need a card please come early)

Week 2

21 Oct - 27 Oct

Week 2: Skill focus: Breathing - principles of breath control relevant for each stage

Week 3

28 Oct - 3 Nov

Week 3: Skill focus: Flotation - principles of body position and flotation relevant for each stage

Week 4

4 Nov - 10 Nov

Week 4: Skill focus: Stroke correction - breakdown relevant for each stage

Week 5

11 Nov - 17 Nov

Week 5: Assessment week - Initial mid term assessments

Week 6

18 Nov - 24 Nov

Week 6: **Please bring clothes for Safety Week**
PRE 1 - Stage 4 (Long sleeve t-shirt, pants and jumper)
Stage 4 - Squads (Long sleeve t-shirt, pants, jumper and enclosed shoes)

Week 7

25 Nov - 1 Dec

Week 7: Skill focus: Stroke correction - breakdown relevant for each stage

Week 8

2 Dec - 8 Dec

Week 8: Assessment week - Final assessments for the term

Week 9

9 Dec - 15 Dec

Week 9: Certificate Week/ Priority Enrolments
Please re-enrol at reception after receiving your certificate to secure your spot for next Term.

Week 10

16 Dec - 22 Dec

Week 10: Progressive week - Perfect current skills and learn new skills relevant for each stage

Skill Focus: Please note the skill focus is a weekly focus, teachers will be working to each of the stage requirements in every lesson throughout the term.