Bold Park Swim Academy
Term 1 2020

Term 1 Outline

Week 1 3 Feb - 9 Feb	Week 1: Welcome to Term 1! Re-assessment week: Please scan your card at reception to find out your teacher number (If you need a card please come early)
Week 2 10 Feb - 16 Feb	Week 2: Skill focus: Breathing - principles of breath control relevant for each stage
Week 3 17 Feb - 23 Feb	Week 3: Skill focus: Flotation - principles of body position and flotation relevant for each stage
Week 4 24 Feb - 1 Mar	Week 4: Skill focus: Stroke correction - breakdown relevant for each stage
Week 5 2 Mar - 8 Mar	Week 5: Assessment week - Initial mid term assessments
Week 6 9 Mar - 15 Mar	Week 6: **Please bring clothes for Safety Week** PRE 1 - Stage 4 (Long sleeve t-shirt, pants and jumper) Stage 5 - Squads (Long sleeve t-shirt, pants, jumper and enclosed shoes)
Week 7 16 Mar - 22 Mar	Week 7: Skill focus: Stroke correction - breakdown relevant for each stage
Week 8 23 Mar - 29 Mar	Week 8: Assessment week - Final assessments for the term
Week 9 30 Mar - 5 April	Week 9: Certificate Week/ Priority Enrolments Please re-enrol at reception after receiving your certificate to secure your spot for next Term.
Week 10 6 April - 12 April	Week 10: Progressive week - Perfect current skills and learn new skills relevant for each stage

Skill Focus: Please note the skill focus is a weekly focus, teachers will be working to each of the stage requirements in every lesson throughout the term.